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Bangalore Mirror

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FESTIVE DELIGHTS

Take a look at how city is gearing up for festivities: Better crowd management for garba events, greener Deepawali plans

PAGE 2

WADE IN VAIN

Toll operators and national highway authorities fail to act as stretches, especially service roads, turn into pools after rain

PAGE 6

City civic body is getting nearly 80 applications each month from private landowners who want to do away with trees in front of their properties and many of these get the nod too without required checks; illegal felling also treated leniently say citizens

CHARGE OF THE AXE BRIGADE

Application must have details such as site plan, kind of tree to be cut, reasons

Garima Prasher
garima.prasher
@timesofindia.com

TWEETS @BangaloreMIRROR

Recently there was a plan to axe trees of Cantonment Railway Colony campus

The Greater Bengaluru Authority (GBA), on average, receives nearly 80 applications every month from private landowners for felling either avenue trees in front of their properties or trees standing inside these private lands.

"We have been receiving 15-20 applications from citizens every week to cut either avenue trees or trees on their private properties. In the past few days, this number has gone down due to ongoing procedural aspects of GBA," said a GBA official.

The issue of permission granted to private land owners for felling trees has gathered spotlight after a recent incident in which a jewellery shop on Jawaharlal Nehru Road, Rajarajeshwarinagar, attempted to cut a healthy avenue tree with permission from the Tree Expert Committee (TEC). However, after locals staged a protest, this plan had to be dropped. Citizens also demanded action against GBA officials for violating regulations while giving clearance to axe trees. They alleged that corrupt, insensitive officials from Forest Cell are issuing clearances without mandatory inspection. They further alleged that the officials are paid up to Rs one lakh to grant permission to site owners to take down healthy trees.

> **"The Tree Officer has the right to accord permission to cut trees, even on private property, only when the tree is posing a threat to life or property** —GBA official

Following the protest, the

CONTINUED ON PAGE 8>>

Keeping calm, carrying on

Road rage cases dip sharply in Bengaluru, data shows 73% decline in 2025

Sridhar.Vivan
@timesofindia.com

TWEETS @sridharVMIRROR

Bengaluru has recorded a significant decline in reported road rage cases over the last three years, with numbers dropping by nearly 73% in 2025 compared to 2023. Data placed before the Legislative Assembly by Home Minister Dr G Parameshwara shows that absolute numbers have fallen from 34 cases in 2023 to just nine cases by July 2025, while arrests have also declined by over 90% in the same period.

In 2023, Bengaluru police registered 34 cases of road rage, leading to 63 arrests and the opening of 12 rowdy sheets against habitual offenders. A year later, the number of cases dipped slightly to 32, representing a 5.8% fall. Arrests dropped to 41, and only one rowdy sheet was opened, indicating a gradual reduction in both the frequency and severity of incidents.

The sharpest fall came in 2025. Up to July this year, only nine road rage cases were registered, marking a 71% decline from 2024 and a 73% fall from 2023. Arrests fell even more dramatically, with just four individuals taken into custody, compared to 41 the previous year — a drop of over 90%. No new rowdy sheets have been opened this year so far, pointing to fewer repeat offenders being tracked under this category.

While these numbers suggest that

CONTINUED ON PAGE 8 >>

THINGS TO DO

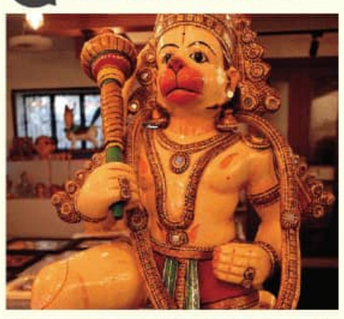
01 Pujo vibes

Witness Bengal artist Samarendra Nath Mishra's exquisite straw panels at Utsav Durga Puja 2025, alongside vibrant performances, Navami concert, and community celebrations.
Where: Utsav Durga Puja Grounds
When: September 28 – October 2, 5.30 pm – 10.30 pm

02 Dandiya night

SOCIAL launches Sound of Dhandiya, transforming outlets into festive dance floors with live DJs, vibrant décor, and Navratri's iconic garba and dandiya beats.
Where: Koramangala SOCIAL, Sarjapur SOCIAL, Bellandur SOCIAL
When: September 26, 8 pm onwards

03 Festive art



Crafts Council of Karnataka presents showcase of Kinhal woodcraft featuring 50 products, expert talk by Geetha Rao, and interactive session with Chitragars.
Where: Sabha, Kamraj Road
When: September 24, 11 am – 7.30 pm

04 Satvik feast

Celebrate Navratri at LOYA, Taj West End, with a festive Satvik menu featuring traditional recipes, seasonal ingredients, and delicacies like Sabudana Khichdi, Kuttu Kadhi, and Jhangore ki Kheer.
Where: LOYA, Taj West End
When: September 22 – October 2

05 Divine rhythm

Matangi Nrithyakshetra presents Bhakti Vaibhava, a Bharatanatyam production by Vid Matangi Prasan and students, exploring classical dance with contemporary relevance and devotional expression.
Where: Seva Sadan, Malleswaram
When: September 25, 6.15 pm onwards

LET US CELEBRATE

As Navratri begins, safety is top priority for organisers

10 days of Garba, Dandiya event planned across major venues that expect high footfalls — organisers speak of steps taken to make events safe spaces for all

Iffath Fathima
iffath.fathima
@timesofindia.com
TWEETS @BangaloreMirror

With the onset of Navratri, organisers across Bengaluru are preparing for nights of devotion, dance, and celebration. As footfalls increase each year, safety has become a top priority. Many events are now strengthening arrangements with additional volunteers, stricter entry checks, and better crowd management, ensuring families can participate without worry. Women's safety has taken particular focus, with several venues implementing measures to create a secure environment for all age groups, from children to senior citizens.

Among the city's popular celebrations is the Dandiya and Garba event at Gayatri Vihar, organised by the Shri Raghuvanshi Charitable Trust (SRCT) under Pankaj Kothari, founder of Sagar Caterers. Scheduled from September 22 to October 1, the event has grown into a major attraction, drawing thousands of visitors. This year, organisers expect an even bigger turnout for the 10-day extravaganza, which blends music, dance, food, and devotion.

To manage large crowds, more than 40 volunteers will be deployed across the sprawling venue. "We have separate areas for Garba and music, as well as food stalls, all carefully supervised. Volunteers monitor the event to ensure no untoward incident occurs. Women's safety is our utmost priority," explained Kothari. Inside the Garba ring, photography is prohibited to prevent discomfort, while large screens allow audiences to enjoy the performances. The food court, offering over 100 dishes, is closely monitored to avoid overcrowding. "Every year we welcome families with children and elders. Ample seating ensures senior citizens can enjoy comfortably. The atmosphere remains festive yet safe for everyone," he added.

Jignesh Hamlai of Sagar Caterers said strict entrance checks will be conducted. "No alcohol or prohibited items are allowed. Traditional attire is mandatory to preserve cultural spirit. We have been organising this event for 14 years without any incident, and with the festival extended to 10 days, we continue to focus on dance, food, and puja, which occurs daily at 10 pm," he said.

Adding to the festivities, the renowned Paresh and Chirag Orchestra group from Mumbai will perform live, providing an authentic Garba experience. Traditional displays of dolls will bring a cultural touch to the venue.

Another major Navratri Utsav is hosted by the Shree Indiranagar Gujarati Association, featuring Dandiya, Garba, Heech, Sanedo, live music, and daily samuha aarti. "Crowds are larger each year due to social media promotion. We have been hosting this for over 30 years, and volunteers and security ensure smooth conduct. Entrance screening and vigilant indoor supervision keep everyone safe," said an organiser.

With widespread social media promotion, organisers expect larger crowds across venues this year. "Many visitors want to click pictures or make reels while enjoying the festival. Security measures ensure safety and smooth flow. Photographers are not allowed to take group pictures without permission to respect privacy," noted a Marathahalli organiser.

The festivities will conclude with Dussehra, marking the triumph of good over evil, as Bengaluru wraps up 10 days of colour, energy, and devotion in a safe and joyous setting.

File photo of some of the events from last year

> "No alcohol or prohibited items are allowed. Traditional attire is mandatory to preserve cultural spirit. We focus on dance, food, and daily puja
> –Jignesh Hamlai, caterers

Countdown to responsible, community-centric Deepawali begins

Iffath Fathima
iffath.fathima@timesofindia.com
TWEETS @BangaloreMirror

Several citizens' organisations have come together to ensure that this Deepawali is both joyful and responsible, putting forth the "Bengaluru Blueprint for a Joyful & Judicious Deepawali." The initiative will unfold as a multi-pronged campaign leading up to October 22, 2025, with the core philosophy of celebrating responsibly. Rather than focusing only on restrictions, it seeks to highlight positive actions, inspire healthy competition, and nurture a sense of community spirit in the way the festival is observed.

The move is led by organisations such as Compassionate City, PACT, Rising Bengaluru, My Right to Breathe, NABF, and others. The "Blueprint" rests on three key pillars. The first is clarity and enforcement, calling for strict reiteration and implementation of Supreme Court guidelines by the administration and police. The second, community and celebration, shifts attention towards Deepawali's rich traditions and community-led festivities. The third, compassion and care, stresses the impact celebrations have on public health, sanitation workers, elders, children, the sick, and animals, ensuring joy is balanced with responsibility.

A letter in support of the initiative will be sent to Chief Minister Siddaramaiah, Deputy Chief Minister DK Shivakumar, Home Minister G Parameshwara, and Forest, Ecology and Environment Minister Eshwar Khandre, urging their proactive engagement.

Organisations urge adherence to Supreme Court orders for safe celebrations

Priya Chetty Rajgopal from Compassionate City said, "For the elderly, the infirm, infants, pets, and our environment, the festival is often marred by severe air and noise pollution caused by indiscriminate firecracker use. This occurs despite the clear and compassionate orders of the Hon'ble Supreme Court of India (October 2018), which permit only green crackers within limited time frames and prohibit bursting near sensitive zones. This year, we propose a different path. We launch a collective countdown to a Deepawali that is both utterly beautiful and profoundly responsible."

The organisations have asked for the creation of a high-level task force led by the environment minister, with a mandate to issue a simplified advisory reiterating the Supreme Court's orders. They recommend accountability mechanisms, incentives such as "Quiet & Beautiful Ward" competitions, and transparent reporting systems. The campaign also emphasises collective joy through the #DiwaliCountdown, community-led green cracker displays, and amplifying the voices of pourakarmikas and doctors to foster empathy. Awareness and advocacy are key pillars, with petitions, unified messaging, and consistent positioning aimed at making Bengaluru a model of festive responsibility.

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Drum-beating to tackle littering leaves citizens unimpressed

Civic activists call for practical solutions over gimmicks

Y Maheswara Reddy
c-y.reddy@timesofindia.com
TWEETS @BangaloreMIRROR

PICTURE FOR REPRESENTATION ONLY

BSWML staff plan drum-beating outside homes of waste offenders

BSWML's plan to shame residents by beating drums outside their homes has provoked criticism from social activists and citizens. They argue that regular door-to-door collection, better monitoring, and fines for repeat offenders would be more effective than public shaming

Bengaluru residents and social activists have criticised a proposal by the Bengaluru Solid Waste Management Limited (BSWML) to shame people who dump garbage on city streets by beating drums outside their homes. They said they want Bengaluru to be clean and rank top among the clean cities in the country, but oppose unconventional and extreme measures.

The residents and social activists want the BSWML to focus on streamlining solid waste management instead of taking temporary measures to tackle the garbage problem. The BBMP introduced drum beating in 2012 to shame property tax defaulters. Later, contractors were compelled to use drum beating to shame the BBMP for not clearing their dues worth several crores rupees.

BSWML is reportedly considering drum beats to shame the residents who throw garbage on the roads instead of handing it over to auto-tippers that collect waste door to door. Many residents are unhappy with the unhygienic atmosphere around garbage transfer stations in the city.

"Without addressing the root cause, shaming residents by beating drums outside their homes will not serve the purpose. The authorities concerned have to ensure garbage collection from door to door on a regular basis. I reside in Bellandur. Garbage auto-tippers visit apartment complexes once a week or once every ten days. How the authorities expect the residents to keep wet waste for a week or ten days," said Malini Paramar of SWMRT.

Stating that the most important thing is to create an awareness program in the zones and a time table for collection of wet and dry waste, Vinod Jacob, a civic enthusiast, said that the authorities have to work with the RWAs and apartment associations to educate the citizens on collection. "In some wards, the transfer points have become black spots, which must be addressed. For habitual offenders and in most cases commercial waste they should be fined heavily to stop littering on roads and storm water drains," he said.

Expressing a similar view, Satyavani Sreedhar, a civic leader from Vignan Nagar, said that she understands that one of the steps the BSWML is proposing, in order to stop indiscriminate dumping of garbage, is to have BSWML staff/marshals to beat drums in front of the house who is throwing garbage on roadside.

"I feel that this step will not help in any way to clear black spots, because people dumping garbage are not necessarily the ones staying in that house. Also, people from surrounding areas usually dump garbage either late in the night or early in the morning at the nearest black spot. Instead, the BSWML needs to conduct a survey on efficiency of garbage collection, strengthen collection mechanism, take regular feedback from residents whether the frequency of collection and timing is being maintained and also deploy marshals at black spots late-night and early-morning to study why people are dumping garbage," said Satyavani Sreedhar.

Criticising black spots created by the temporary garbage transfer station on Moore Road in Frazer Town, Habiba Subhan, Organising Secretary of Frazer Town Resident Welfare Association, demanded that the BSWML authorities to relocate the garbage transfer station on Moore Road to avoid inconvenience to students of nearby schools and residents. I am not satisfied with the door to door garbage collection in the locality. I want the authorities to streamline garbage collection instead of indulging in gimmicks," said Habiba Suban.

Speaking to Bangalore Mirror, the BSWML Assistant General Manager said the proposal is yet to be implemented. "As of now, we are equipping garbage auto-tippers with audio systems to announce the arrival of auto-tippers to collect garbage from door to door," he said.

However, BSWML Chief Executive Officer Karigowda was unavailable for comment.

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Trash pile
Gangadhara Nagar

Garbage dumped along First Main Road in Gangadhara Nagar, Banashankari 2nd Stage (Ward 191), is causing a public nuisance.

Deep dents
Cox Town

The pothole-ridden Sundaramurthy Road–Assaye Road junction in Cox Town continues to worsen heavy traffic congestion.

Yellow Line Metro to add fifth train by October

New six-coach train to shorten intervals and ease peak-hour congestion

Bangalore Mirror Bureau
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The incoming six-coach train at the Hebbagodi depot, soon to join the Yellow Line fleet

RV Road–Bommasandra Metro stretch on the Yellow Line is set to get relief from crowding as the fifth six-coach train will be added to the service by mid-October. With this, the waiting time between trains will be reduced from the current 19 minutes to just 15 minutes, significantly easing congestion during peak hours.

The new six-coach train, manufactured by Titagarh Rail Systems, has been dispatched and will be handed over to Bangalore Metro Rail Corporation Limited (BMRCL) by the end of this month. Following inspections and trial runs at the Hebbagodi depot, the train is expected to begin commercial service in mid-October. Currently, four trains operate on the 19.15 km Yellow Line. Services began on August 11 with three trains running every 25 minutes. With the fourth train introduced on September 10, the interval came down to 19 minutes. Officials said the addition of the fifth train will increase the frequency to every 15 minutes, making a marked difference for commuters.

Growing ridership

When the line opened, the daily average ridership stood at about 50,000. The figure has now climbed to 84,000. "With the fifth train entering service, the number of daily commuters is expected to exceed 90,000," a senior BMRCL official said.

Traffic relief on the corridor

The RV Road–Bommasandra corridor, one of the city's most traffic-choked routes, has already seen road congestion ease since Metro operations began. A Bengaluru Traffic Police (BTP) study shows that after the launch of services, morning peak-hour traffic dropped by 38% and evening congestion by 37%. Off-peak hours saw a 17% reduction on weekdays, while weekends recorded a substantial 69% decrease in morning congestion and 39% in evening congestion. Officials believe the fifth train will only strengthen this trend, further reducing road traffic and contributing to lower air pollution.

Titagarh Rail Systems is contracted to supply 15 trains for the Yellow Line. With five already delivered, ten more are due. The sixth trainset is expected to be dispatched in November.

Road missing
Kalkere

Despite repeated complaints, neglected roads in Kalkere affect over 500 homes and Ryan Public School.

'No excuses for missing reports'

The Karnataka High Court has ruled that police cannot refuse to register a missing persons complaint on the ground of jurisdiction and has issued detailed directions to ensure such cases are handled with urgency.

A division bench of Justice SG Pandit and Justice CM Poonacha was hearing a habeas corpus plea filed by a father whose daughter has been missing since 2023. The petitioner alleged that despite repeated approaches, the police had failed to trace her. Taking note of the lapse, the bench emphasised that in the digital age, missing persons cases require swift and coordinated efforts.

The court made it clear that no complainant should ever be turned away. Instead, police must register the case immediately and, if required, forward details to the jurisdictional Anti-Human Trafficking Unit (AHTU). The investigating officer must also inform the state CID to check for possible interstate ramifications.

IN COURT

Among the directions issued, the bench said forensic evidence of family members should be secured for DNA comparison in case remains are found. A recent photograph of the missing person must be obtained and circulated to agencies such as AHTU, CID, and the National Crime Records Bureau. Within 24 hours, information should also be shared with beat constables and mobile patrol units. With consent, details are to be published in newspapers, broadcast through media, and uploaded on state and central portals.

The court directed the state government to issue a comprehensive circular consolidating these guidelines with existing standing orders and SOPs. It further warned that officers who fail to comply will face disciplinary proceedings.

Cases pending for over two months must be reviewed by a committee headed by the Inspector General of Police to ensure accountability. **—BMB**

Court resolves adoption dispute

The Karnataka High Court has held that the consent of a biological father for the adoption of his minor son can be inferred when he refuses to take a clear stand on the matter. The ruling came in a case where a mother, who has remarried, sought to have her 16-year-old son adopted by her second husband.

The mother, along with her present husband, had approached the Central Adoption Resource Authority (CARA) for adoption. While they completed all the necessary formalities, the State Adoption Resource Agency insisted that the biological father's consent must be furnished before the process could be finalised. This requirement prompted the petitioners to move the High Court.

The couple's earlier marriage had ended in divorce by mutual consent. The family court, while granting the divorce, had specifically recorded that the father had no objection to the mother having permanent care and custody of their son. The father had also relinquished his right to seek visitation or custody in the future, effectively leaving the mother as the sole guardian.

Despite this background, the adoption process stalled when the biological father, who was made the fifth respondent in the case, declined to take a definite position on whether the adoption should proceed. His counsel informed the court that he "would not like to take a definite stand" on the matter.

This prompted detailed submissions from senior advocate Vikram Huilgol, appointed as amicus curiae, and Additional Solicitor General Aravind Kamath, appearing for CARA. They argued that when a parent refuses to take a stand without offering justifiable reasons, such silence must be treated as implied consent. Both stressed that the child's welfare must remain the paramount consideration, and that denying the adoption in these circumstances would be against the minor's best interests.

Justice BM Shyam Prasad, agreeing with the submissions, observed that the child had expressed a willingness to be adopted by the petitioners, with whom he was already living.

The court went on to rule that there must not only be an inference of consent from the father but also a direction to the State Adoption Resource Agency and the District Child Protection Unit to complete the adoption process. It further allowed the petitioners to use the order as proof of the father's consent while uploading documents with CARA.

The decision is significant because it reinforces the principle that the child's best interests outweigh procedural hurdles, especially where a parent has already relinquished custody rights and fails to object meaningfully to adoption. Legal experts say the ruling could serve as a precedent in similar cases where estranged parents attempt to delay or complicate adoption proceedings without offering valid reasons.

By clarifying that implied consent may be inferred in such cases, the High Court has sought to prevent minors from being left in limbo and to ensure that adoption serves its intended purpose, providing children with a secure and stable family environment. **—BMB**

Impostor syndrome

The cybercrime police have launched a manhunt for a fraudster who, posing as a telecom department staffer, called Rajya Sabha MP Sudha Murty and attempted to extract her personal information.

The incident occurred on September 5, when the caller informed Murty that her mobile number was not linked to Aadhaar and threatened to block her service within three hours if she failed to comply. Police said the caller was indecent in his behaviour and pressed her for details, to which she declined.

Following a complaint filed by Ganapathy Bopaiah on her behalf, an FIR was registered on Saturday.

Investigators have traced the caller to Kolkata, and a special team has been dispatched to track him. Police have also urged the public not to fall prey to such impersonation attempts.

Gang impersonating officials steal over crore in cash and gold

A gang of four men posing as government officials robbed cash and gold worth Rs 1.5 crore from the house of a professor in Yelahanka.

The gang, who arrived in a car with a fake registration plate, barged into the residence of Professor Giriraj, ransacked the house under the pretext of conducting a search, and fled with a bag containing the money, when the professor was away at work.

Investigators are probing the possible involvement of insiders. **—BMB**

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Downpour turns even national highways around city into pools

Poor drainage, clogged flyovers, and ignored pleas turn Karnataka's national highways into deadly traps every monsoon, endangering motorists and farmers

Sridhar.Vivan
@timesofindia.com

TWEETS @sridharvMIRROR

National highways, built to ensure smooth and efficient transportation, turn into perilous zones during heavy rainfall, creating a host of recurring problems. Despite the ongoing inconvenience faced by motorists, highway authorities have failed to take appropriate steps to address these issues.

Bengaluru and its surrounding rural districts are connected by national highways that link every district across Karnataka. While these stretches may appear flawless in summer, the monsoon tells another story. Roads frequently resemble temporary lakes, with rainwater stagnating up to three to four feet deep, particularly on service roads, leaving them impassable. This recurring ordeal has persisted for years, yet neither toll operators nor the National Highways Authority of India (NHAI) has taken effective measures.

Overpasses at Kunigal bypass, Arishinakunte, Dasanapura, Adakamaranahalli, and T. Begur on NH 48 and NH 75 are especially prone to waterlogging. Poor drainage design and a lack of maintenance have clogged channels with silt, debris, and garbage. Instead of draining, the slight gradient under flyovers traps rainwater, forming large pools that stall traffic and heighten accident risks.

NH 207 near Devanahalli faces repeated flooding, forcing commuters to wade through chaos as authorities fail to even acknowledge the problem

National highways across Karnataka flood each monsoon, stranding vehicles, damaging crops, and heightening accident risks. Despite repeated warnings, NHAI indifference leaves commuters, farmers, and police grappling with worsening infrastructure failures

In Hosakote, a crucial junction connecting Karnataka with Tamil Nadu, Andhra Pradesh, and Telangana, heavy rains regularly disrupt movement. Commuters and local bodies express mounting frustration at NHAI's indifference. Similar conditions prevail on NH 207 near Devanahalli, where flood-prone service roads trigger routine traffic chaos. Residents complain that officials not only fail to act but also refuse to acknowledge the issue, compounding public anger year after year.

Nelamangala is among the worst hit. As a gateway linking over 25 districts and multiple states, highways 48, 75, and 4 converge here. During rains, however, these roads and their service lanes transform into lakes, severely disrupting vehicular movement. For example, service roads near Arishinakunte on NH 4 often become completely unusable, stranding hundreds of commuters for hours together.

"With every rainfall, accidents are bound to increase. The highway from Nelamangala to Bengaluru becomes extremely dangerous," said Suraj Kumar, a local resident. "These highways turn into death traps during the rainy season."

Attempts to escalate the matter are repeatedly thwarted by NHAI's inaccessibility. Its Bengaluru office remains out of reach even for elected representatives. Local traffic police, who routinely bear the brunt of the fallout, expressed exasperation. "We have been writing to NHAI every month, urging them to address the waterlogging and accident-prone areas. No one responds. All our appeals have fallen on deaf ears," said Inspector Ravi of Nelamangala Traffic Police Station.

Ironically, NHAI often claims such problems fall outside its jurisdiction, leaving police and civic authorities to grapple with the crisis. Officers are frequently seen manually redirecting water or using pumps to clear flooded stretches, battling congestion and accident risks at the cost of their own safety and well-being.

The impact is no longer limited to commuters. Waterlogging on highways is now spilling into farmlands in rural areas.Officers redirect floodwater, risking safety while easing traffic chaos.

Railway land cleared for suburban project

On September 20, 2025, authorities cleared encroachments on about 500 meters of railway boundary land in Survey No. 2 of Peenya Plantation village, Yelahanka taluk, paving the way for Corridor-2 of the Bengaluru Suburban Rail Project. The disputed parcel, measuring nearly 20 guntas and valued at approximately ₹40 crore, had been illegally occupied by Bagmane Developers.

During a joint inspection, officials from Bengaluru North and Yelahanka taluks confirmed the land's ownership under the railway boundary road. In the presence of Bagmane representatives, encroachments were removed, boundary stones were marked, and the land formally handed to K-RIDE. The clearance drive involved officials, K-RIDE managers, railway staff, and police under Bengaluru District Administration supervision. **–BMB**

Parked BBMP funds to be realloted

The Karnataka government has ordered the redistribution of ₹704.55 crore lying idle across multiple BBMP bank accounts to city corporations and the Greater Bengaluru Authority (GBA). The funds included deposits earlier held in BBMP's central receipt account, zonal offices, and special-purpose accounts. As per Urban Development Department approval, ₹176 crore was allocated to the GBA, while Bengaluru's five city corporations collectively received over ₹588 crore — West ₹131.56 crore, South ₹98 crore, North ₹85 crore, East ₹83 crore, and Central ₹91 crore. Additionally, ₹42.34 crore has been earmarked under National Green Tribunal directives, and ₹100 crore set aside for GBA election expenses. **–BMB**

Passenger mistakes cockpit door for lavatory

Authorities have launched an investigation into an unusual mid-air incident on an Air India Express flight from Bengaluru to Varanasi on September 22. A passenger allegedly approached the cockpit entry area, mistaking it for the lavatory. The airline clarified that safety and security protocols were not breached, stressing that the passenger was only trying to find the restroom. After landing, the incident was reported to authorities for further examination. Incident reported post-landing; experts stress strict post-9/11 cockpit security. **–BMB**

BM Trippin' Tales

Consumer Connect Initiative

Kolkata connect shines in Mysuru's Dasara glory

Heritage city transforms into a glowing spectacle, with 136 km of streets and 116 circles dazzling under dynamic, moving illuminations

Sridhar.Vivan
@timesofindia.com

TWEETS @sridharvMIRROR

If there's ever a time to experience Mysuru at its magical best, it is this week. The heritage city has transformed into a glowing canvas as part of the grand Dasara celebrations, with 136 km of streets and 116 major circles shimmering under a spectacular spread of decorative lighting.

This year, the Chamundeshwari Electricity Supply Corporation (CESC) has added a dazzling new attraction: the famed Kolkata Lights. These dynamic, moving patterns of bulbs create illusions of motion and life, making the illuminations even more enchanting than in previous years.

From the iconic Mysore Palace and Sayyaji Rao Road to BN Road, Irwin Road, Albert Victor Road, JLB Road, and Chamraja Double Road, every major artery now sparkles with intricate designs. Even the outer ring roads and highways glow brilliantly, ensuring visitors arriving from Bengaluru are welcomed in festive style.

Circles across the city are no less captivating. KR Circle, Chamaraja Circle, Jayachamaraja (Hardinge) Circle, Ramaswamy Circle, the Railway Station, LIC Circle, and Gun House all boast light sculptures that have become instant crowd-pullers.

Adding to the spectacle are more than 70 illuminated replicas designed by CESC. These bulb-lit installations portray cultural and historical icons such as Goddess Chamundeshwari, the royal howdah elephant, the national flag, and emblems of Karnataka's heritage. With the Kolkata-style moving lights, these displays seem almost alive, drawing visitors into their glowing spell.

Streets across Mysuru dazzle with moving light patterns, creating vibrant illusions of culture, heritagre, motion

The illuminations will continue for 21 days, consuming an estimated 2.5 lakh units of electricity. Officials say safety has been prioritised, with strict measures in place to prevent accidents.

Beyond the scale and splendour, what makes the Mysuru Dasara lights special is their inclusivity. Unlike many festivals where decorations vanish with the last day's rituals, these illuminations linger long after the festivities, allowing more people to share in the experience.

Writer Banu Mushtaq opens Mysuru Dasara amid tradition and debate

The world-famous Mysuru Dasara festivities began on Monday with International Booker Prize-winning writer Banu Mushtaq inaugurating the celebrations atop Chamundi Hills. She was joined by Chief Minister Siddaramaiah and several ministers as flowers were showered on the idol of Goddess Chamundeshwari during the auspicious Vrushchika Lagna, accompanied by priests chanting Vedic hymns.

Celebrated as Karnataka's Nada Habba (state festival), the 11-day event will showcase the state's cultural grandeur through folk arts, food fairs, exhibitions, music, dance, and the iconic Jamboo Savari elephant procession on October 2. Meanwhile, Mysuru glitters under decorative lighting, households observe Navaratri traditions, and the royal family continues age-old rituals, with scion Yaduveer Krishnadatta Chamaraja Wadiyar set to hold the private durbar at the palace.

Domestic work will soon be formally recognised

Govt set to introduce bill that proposes welfare fund financed by employer, property tax levy designed for pensions, insurance, skill development, safety net for elderly

INFOCUS
WORKERS' RIGHTS

The Karnataka government is set to introduce a landmark Domestic Workers (Social Security and Welfare) Bill, 2025, aimed at formally recognising domestic work and extending social security benefits to thousands employed in households across the state. The draft, prepared by the Labour Department, seeks to regulate employment conditions, ensure fair wages, and establish welfare mechanisms — bringing domestic work, long treated as part of the informal sector, under the ambit of labour law.

Women engaged in household chores set to gain pensions, paid leave, and health cover

According to officials, the bill proposes mandatory registration of all domestic workers, employers, and placement agencies, including digital platforms that facilitate household services. A government-run portal will be created where employers must register their staff and enter into written employment contracts. Authorities believe this step will bring transparency, formalise working arrangements, and provide a legal basis for monitoring compliance.

A central feature of the draft law is the guarantee of minimum wages. The bill empowers the state to fix wage rates for domestic work, covering both full-time and part-time engagements. Workers would also be entitled to a 40-hour work week, weekly rest days, paid annual leave, and maternity leave. Provisions for overtime pay, health insurance, and retirement benefits are also included, extending protections similar to those available in formal sectors.

To oversee implementation, the government plans to establish the Karnataka State Domestic Workers Social Security and Welfare Board. The board will design welfare schemes, disburse benefits, and handle grievances. Importantly, it will include tripartite representation — domestic workers' unions, employers' associations, government officials, and resident welfare associations — ensuring all stakeholders have a voice in decision-making.

The bill also proposes a welfare fund, financed through contributions from employers, service providers, and possibly municipal levies. One option under discussion is a welfare fee of up to five percent of a worker's wages, to be deposited by employers. Alternatively, in urban areas, a one percent levy on property tax may be introduced. Funds collected would support pensions, insurance, and skill-training programs.

Enforcement mechanisms are built into the draft to address non-compliance. Employers who fail to register workers or pay below the prescribed minimum wage could face penalties, including fines and even imprisonment of up to six months. Placement agencies and digital platforms that do not adhere to registration and contract requirements may also be penalised.

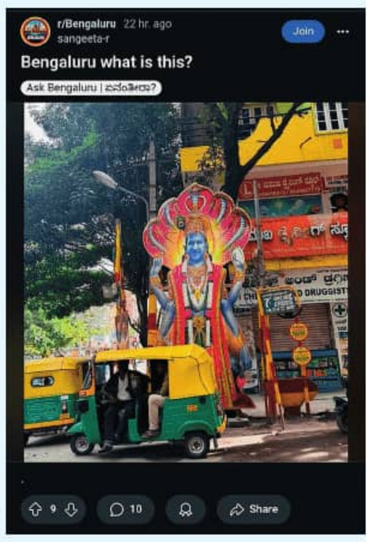
The initiative follows the state's recent law on gig and platform workers, underscoring Karnataka's push to expand protections to groups traditionally excluded from formal labour systems. Labour Minister Santosh Lad has indicated that the bill may be tabled during the winter session of the state legislature, with an ordinance possible as early as October.

Despite positive reactions, concerns remain over implementation challenges, including the administrative burden on households and the feasibility of monitoring contracts in highly dispersed, informal settings. For many middle-income families, the proposed welfare fee may also raise the cost of hiring domestic help. —BMB

SOCIALTATTLE

That went viral

A large, colourful cutout resembling the deity Vishnu, with multiple cobra heads forming a canopy, is prominently displayed in the centre of the street. Interestingly, the cutout is intended to depict Puneet Rajkumar, though it is styled in the likeness of Vishnu. An auto-rickshaw is parked nearby, adding to the everyday street setting. Post on Reddit by the user u/sangeeta-r in r/Bengaluru

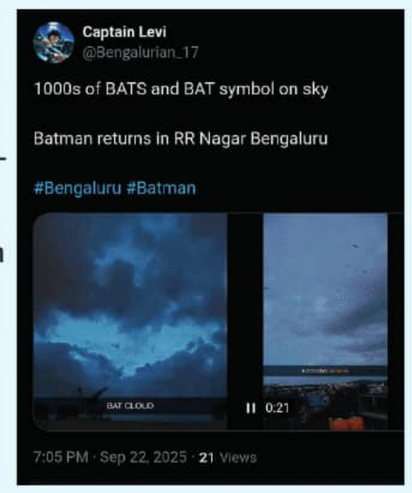


What's tweeting

@ninaada has a pertinent take on city's rain. It never fails to catch one by surprise. The post on X: Just like every year, it started raining in #Bengaluru on 1st day of Navaratri. Had come out for walk. Now walking in the rain. Worth bringing along the umbrella. #bengalururains

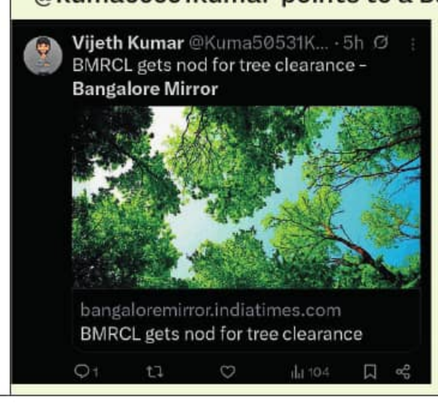
ನಿನಾದ | निनाद | Ninaada
@ninaada
Just like every year, it started raining in #Bengaluru on 1st day of Navaratri. Had come out for walk. Now walking in the rain. Worth bringing along the umbrella. #bengalururains

@Bengalurian_17 has got a wonderful shot of bats taking over the skyline. And an interesting caption to go with it too: 1000s of BATS and BAT symbol on sky Batman returns in RR Nagar Bengaluru #Bengaluru #Batman



Bangalore Mirror tagged

@Kuma50531Kumar points to a Bangalore Mirror story about proposed felling of trees: BMRCL gets nod for tree clearance


Vijeth Kumar @Kuma50531K... · 5h
BMRCL gets nod for tree clearance -
Bangalore Mirror
bangaloremirror.indiatimes.com
BMRCL gets nod for tree clearance

CRIME FILES

Cops attacked while stopping late-night disturbance

Parappana Agrahara police have arrested three private firm employees for allegedly assaulting an Assistant Sub-Inspector (ASI) and a police constable while they tried to stop a late-night disturbance in Silicon Town, Doddanagamangala.
The arrested, identified as Adhitya (27), Suvin Kumar (27), and Vishal Sameer (25), reportedly confronted ASI Ravi V and constable Shivakumar around 11.45 pm on Saturday.
Ravi, on patrol, had responded to a resident's complaint about loud music and a nuisance caused by neighbours partying on the second floor of a building.
Instead of cooperating, the men demanded to know the complainant's identity and turned aggressive. The trio underwent medical examination to determine if they were under the influence of alcohol or drugs. They have been booked under multiple sections of the Bharatiya Nyaya Sanhita (BNS), with investigations ongoing. BMB

Scam bust: Cops recover Rs 14L

West Division Cyber Crime police recovered ₹14 lakh that fraudsters siphoned from Dr Preethi, wife of BJP MP K Sudhakar, after freezing the beneficiary account.
The amount was returned to her following a court order, DCP (West) S Girish confirmed.
Dr Preethi had lodged a complaint after being duped on August 26 by men posing as Mumbai Cyber Crime officials. The fraudsters claimed her ID was misused by a man named Sajjad Khan for illegal transactions abroad. Police quickly registered a case under the IT Act and Section 319 (cheating by impersonation) and froze the account before the accused could withdraw the money. DCP Girish urged citizens not to share personal or banking details. BMB

Man stabs wife in front of daughter

A man allegedly stabbed his second wife 11 times near Sunkadakatte bus stand in Kamakshipalya police limits on Monday morning, in full public view, while her 12-year-old daughter watched.
The deceased, 32-year-old Rekha, had two daughters from her first marriage and had married Lokesh five months ago. The couple had moved to Bengaluru two months ago from Shira. It is said Lokesh suspected Rekha of infidelity and confronted her when she was stading with her daughter. After a heated argument, he stabbed her. BMB

Clash at bar ends up in murder

A man was brutally attacked while heading to a Pitru Paksha puja at a relative's house in Peenya police limits. The victim, identified as R Shashi Kumar, a resident of Gangondanahalli Main Road, Nagasandra, was first involved in a fight with three men inside Manjunatha Wines in Shivapura between 8.15 pm and 9 pm. During the altercation, one of the accused struck him on the head with a beer bottle. The attackers then followed him outside and slit Shashi's throa. Despite bleeding heavily, he managed to call his wife to inform her of the assault. BMB

Truck runs over women

A 38-year-old woman lost her life, and her colleague sustained injuries after a truck collided with their two-wheeler near Krishnanandanagar Junction in Rajajinagar police limits on Monday morning.
The deceased, identified as Kalpana, a resident of Mahalakshmi Layout who worked in a private company in Peenya 2nd Stage, was commuting to her office with a colleague after dropping her daughter at school.
Her husband is employed as a designer at Kannada Newspaper.
Police said it occurred around 9.30 am. A speeding truck hit their scooter, causing Kalpana to fall on the left side and her colleague on the right. Her colleague is undergoing treatment.
Rajajinagar traffic police have registered a case against the truck driver.

State Pollution Board working on plan to manage polluted river stretches

The Karnataka State Pollution Control Board (KSPCB) is in the process of preparing an action plan to manage polluted river stretches in Karnataka.

The state pollution watchdog has taken this step following a suo-motu case taken up by the National Green Tribunal based on an article in Bangalore Mirror, highlighting pollution in rivers of Karnataka.

"KSPCB has instructed the regional officers to prepare action plans for newly identified polluted river stretches, and it is currently in progress. Once the action plan is approved by the Central Pollution Control Board, the details will be submitted to the Ministry of Jal Shakti," KSPCB has clarified to NGT in a recently submitted report.

The green court had taken up the matter following the article about the water quality of 12 rivers in Karnataka, which showed high pollution load in nine river stretches with water quality under class D.

Under the central government's National Water Monitoring Programme (NWMP), KSPCB monitors the water quality of 12 rivers - Arkavathi, Lakshmantirtha, Tungabhadra, Bhadra, Cauvery, Kabini, Kagina, Krishna, Shimsha, Bhima, Netravati, and Tunga - at 38 locations. Out of these, 19 locations, in November 2023, recorded water quality under class D – suitable for only propagation of wildlife and fisheries.

These locations include all five monitoring stations of Arkavathi and Lakshmitirtha, two stations of Tungabhadra, one station of Cauvery, both stations of Kabini and Kagina, all three stations of Shimsha, two stations of Bhima, and both stations of the Tunga rivers.

The water quality report by KSPCB showed that the biological oxygen demand of some of these stretches was high, with considerable microbial pollution (fecal coliform levels at some stations had reached 2,60,000 MPN/100 ml and total coliform bacteria had increased to 2,80,000 MPN/100 ml).

KSPCB, in its recent report, has also apprised the tribunal that the state forest department under the Karnataka River Conservation Program has planted seedlings on more than 2.5 lakh hectares of area along river banks in the last six years, to mitigate pollution levels.

The plantation has been done by the Karnataka Forest Department in nine forest divisions.

Under the program, seedlings are planted on the banks of Ghataprabha and Cauvery rivers. So far, plantation on more than 2.51 lakh hectares of riverbank has been taken up. Out of this, plantation was raised on 44,494 hectares in 2018-19, on 41,620 hectares in 2019-20, on more than 74K hectares in 2020-21, on 36,398 hectares I 2021-22, on 47,773 hectares in 2022-23, and seedlings were planted on 6,584 hectares in 2023-24.

Garima Prasher

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personal

CHANGE OF NAME

I, Aqib Thanveer Fazal Ahmed, R/ 105 Gokulam Apartments, Bangalore,.Henceforth be known as Aqib Thanveer.via affidavit dt 19/09/2025 before Notary L Puttaraju Bangalore

I Mr. Mayank Thakur S/O Mr. Rakesh Naresh Thakur residing at 101, Royal Vistara, 47/1, Srirampura Main Rd, Amruthahalli, Jakkur, Bengaluru 560092 have changed my name from Mr. Mayank Rakesh Thakur to Mr. Mayank Thakur for all future purposes.

I, Neal Avinash Daniel, Residing at Flat No A 002, Regal Enclave, Sector 7, Vasant Nagari, Vasai, Vasai East Ie, Palghar, Maharashtra-401208, Have changed my minor daughter name RHEA to RHEA NEAL DANIEL vide affidavit dated 20/09/2025 sworn before Notary Aravind Patil G.G Bangalore

I, SREENATH ADDINGAM Residing at #289, Sharde, 13th Main, Arehalli AGS Layout Uttarahalli – 560061, have changed my name to SRINATH ADDIKAM, vide affidavit dated 05/07/2025, sworn before notary Venkataraju H G, Bangalore.

I, Chaythanya H M W/o Panchakshari H B residing at Halugona J C, Pura Post, Shettikere Hobli, Chikkanayakanahalli, Tumkur-572214, have changed my name to Chaithanya H M in further all official Purposes. Vide Affidavit dated 15.09.2025 Sworn Before Notary K C Shashikala Bengaluru.

I, Rashmee Khanna D/o Raman Khanna R/o No. 16, 25th Main, J.p. Nagar, 1st Phase, Bangalore – 560078 have changed my name to Rashmee Mallik for all purposes

I, Nagaraja Upadhyaya B, R/o Flat No.203, 7-Hills Paradise, Srinivaspura Cross, R.R Nagar, B'luru-560098 have changed my Minor Daughter's name from Diya to Diya N for all Purposes.

I Ali khan Rasool Khan S/o, Rasool khan R/o No 8/2, Central Street Cross, Neelasandra, Bangalore- 560047 have changed my name to Ali Khan for all purposes

I, Harshitha D/O Selvaraj, R/O #62, 1st cross 1st main, Benniganahalli, Bangalore-16, have changed my name to Harshitha S for all future purpose.

I Shaikh Zeba Shafique W/O, Roshan Afridi F M R/o No 15/1 7th A Cross Kanakanagar R T Nagar Bangalore Karnataka - 560032. have changed my name to Zeba Shafique Shaikh.

I, James Paul Peruvankal and my wife Sindhu James R/O Rainbow Drive, San Jose, CA, USA 95129, have changed our names to James Shastry and Sinddu Shastry respectively

I, Disha, D/o Nagaraja Upadhyaya B, R/o #203, 7-Hills Paradise, Srinivaspura Cross, R.R Nagar, B'luru-560098 have changed my name to N Disha for all purposes.

I, Shifa Mujeeb D/o Muzibur Rahaman Vittalapura Abdul Hameed R/o # 15 , Vittalapura Huthagere post Hebbaralu Mandya 571429 have changed my name to Shifa Mujeeb Rahaman for all purposes

I, Anusha Rangappanavar R/o 123, 4th ward, JJ Nagar, Hagari Bommanalli, Vijaynagar 583212 present camp Bengaluru have changed my name to Anusha Venkaraddi Rangappanavar Affidavit Dt.22/09/2025 notary Harisha G, B'luru

I, Rajeev Hanumanthappa Kalashetty S/o Hanumanthappa R/o 303, Aakarshan RR, Malagala Pattegarapalya, Nagarbhavi 1st Stage, B'lore-560079, have changed my name to Rajeev Hanumanthappa Kalshetty.

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tender & notices

PUBLIC NOTICE

PUBLIC NOTICE
DOCUMENTS LOST

I Dhyan P. Aithal, S/o. S. Vanitha, Aged about 21 years, R/at: 842,1st Stage,14th cross, Chandra Layout, Bengaluru-560040. I have lost my original Gift deed dated. 09/05/2025, bearing doc No. JPN-1-00965-2025-26 Pertaining to the property bearing Plot bearing No. 43, Khatha No.43, Old PID No. 39-229-43, EPID No. 4917383346, situated at Nayandahalli village, Kengeri hobli, Bengaluru, measuring East to West 50 feets and North to South 50 feets in allmeasuring 2500 Square feets carved out of converted Sy. Nos. 19/1B, 19/3B, 20/1, 21/2 and 57/13 of Nayandahalli village, Kengeri hobli, Bengaluru South Taluka and bounded by: **East by:** Site No.44 and 45, **West by:** Road, **North by:** Road, **South by:** Site No. 42. **- And -**

Gift deed dated. 13/05/2025, bearing doc No. CKB-1-01362-2025-26 Pertaining to the agricultural dry land bearing Survey No. 209, measuring 1 Acre 14 Guntas and 2 Guntas of kharab land situated at Guyalahalli village, Manchenahalli hobli, Gowribidanur Taluk, Chikkaballapura district and bounded by: **East by:** Gudda, **West by:** Halla (Uttarapinakini river), **North by:** Gudda, **South by** : Survey No. 210. **- And -**

Agricultural dry land bearing Survey No. 210, measuring 1 Acre 12 Guntas and 3 Guntas of kharab land situated at Guyalahalli village, Manchenahalli hobli, Gowribidanur Taluk, Chikkaballapura district and bounded by: **East by:** Gudda, **West by:** Halla (Uttarapinakini river), **North by:** Survey No. 209, **South by:** Property belonging to Smt.Yashodamma Survey No. 292.

A complaint Was lodged by Me regarding the lost on 17/09/2025, and an acknowledgment has been obtained Lost Report No.BLRC2025091730/2025. Anyone who finds said document is hereby requested to return it **within 15 days** from the date of publication of this notice. If no claim or objection is raised within the stipulated period, it will be presumed that the document is irretrievably lost, and steps will be taken to obtain a certified copy from the concerned authority.

For any queries or to return the document, please contact:
9986583396, 8971205759, 9900063075

Cut it out: Permission granted

CONTINUED FROM PAGE 1

permission was recalled by the Tree Officer.

The application was made a few days ago by the building owner, stating that the tree is obstructing the view. Following the application, the deputy Range Forest Officer of the zone placed it before the Tree Officer (Deputy Conservator of Forest, GBA).

"The Tree Officer has the right to accord permission to cut trees, even on private property, only when the tree is posing a threat to life or property. The tree in this case was not posing any threat, and thus the application was pushed to TEC for consideration. Permission to cut the tree was granted by TEC," said the GBA official.

What is the process?

As per the Karnataka Preservation of Trees Act, 1976, any person desiring to fell a tree should apply in writing to the Tree Officer (Deputy Conservator of Forest in the earlier BBMP regime) for permission. The application should be accompanied by a site plan or survey sketch specifying clearly the site or survey numbers, the numbers, kind and girth of the tree sought to be cut, and the reasons, along with the consent of the owner or occupant.

On receipt of the application, the Tree Officer may, after inspecting the tree and holding such inquiry as they deem necessary, either grant permission in whole or in part or refuse permission.

The permission, however, cannot be refused if the tree is dead, diseased, or wind-fallen, has silviculturally matured, constitutes a danger to life or property, obstructs traffic, or is substantially damaged or destroyed by fire, lightning, rain, or other natural causes.

The Tree Officer may cancel or suspend the permission granted earlier if false or wrong information was furnished in the application to obtain permission, if felling permission was misused, or unpermitted trees were felled, etc.

According to a TEC member, while it is implausible for the Tree Officer or TEC members to inspect trees on the ground in case of applications seeking permission to fell less than five trees, the DRFOs and RFOs should be held accountable for recommendations when none of the conditions mentioned under the Karnataka Preservation of Trees Act are being met to allow felling.

"If the number of trees required to be felled is less than five, it is the DRFOs and RFOs that prepare the report to be submitted to the Tree Officer or TEC for consideration. These officials are required to mention in the report the condition of the tree(s) and other aspects that are examined by TEC to decide if permission has to be granted or rejected," said the TEC member.

City-based tree activists say such illegal activities will continue until strict action is taken against erring officials and defaulters.

"There are countless incidents of shops and builders in the city violating the Act and getting avenue trees cut with permission from GBA or TEC.

In cases such as Rajarajeshwarinagar, DRFOs and RFOs should be held accountable and punished," said Joseph Hoover, former member of the State Board of Wildlife and founder of the United Conservation Movement and Charitable Trust.

City-based environmentalists also opine that in case of illegal tree felling, the existing provisions for penalties under the Karnataka Preservation of Trees Act should be amended. Under the current provision, the offender has the option to pay money instead of facing prosecution and imprisonment. Jail term comes into the picture only when the offenders are not in a position to pay the fine.

Environmentalists opine that the fine should be replaced with mandatory imprisonment, which will serve as a stronger deterrent to prevent further destruction of the city's green cover.

Measures taken by police working their magic?

CONTINUED FROM PAGE 1

Bengaluru's road rage problem is easing, officials caution that underreporting and non-registration of minor incidents may obscure the true picture. Senior police officers have noted that not all road rage incidents escalate to criminal cases, particularly when disputes are settled informally at the spot. "The figures reflect a decline in registered cases, but many smaller altercations are never brought into the system," an officer explained.

The Home Minister's reply also highlighted the measures taken by the city police to curb such violence. High-resolution CCTV and drone surveillance are being deployed to monitor hotspots in real time, while a dedicated social media cell scans platforms like WhatsApp, Instagram, and Facebook for videos or posts related to aggressive driving or public disorder. In addition, preventive detention under the Goonda Act has been invoked against repeat offenders, allowing authorities to keep them in judicial custody for up to a year.

Citizens are being encouraged to report incidents via the 112 emergency helpline, WhatsApp numbers, and the Namma Police App, ensuring quicker intervention. Awareness programs in schools and colleges, along with community meetings in residential areas, have also been stepped up to build a culture of restraint among young drivers.

Despite the encouraging decline in absolute numbers, experts argue that the problem of road rage cannot be assessed purely on registered cases. Psychologists attribute such violence to rising stress, congestion, and impatience among motorists, warning that enforcement must be complemented by behavioral change campaigns.

HEALTH TIP: Fibre (from salads, vegetables and fruits) supports your detox pathways and feeds your gut microbiome

Chia seeds are packed with magnesium, which makes them the perfect ingredient for a sleep-friendly snack

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DON'T COUNT SHEEP, GO TO SLEEP

Poor sleep may nudge brain toward dementia, researchers find

Staring at the ceiling while the clock blinks 3 am doesn't only sap energy for the next day. A large, long-running US study of older adults has now linked chronic insomnia to changes inside the brain that set the stage for dementia.

The researchers, from the Mayo Clinic in the US, followed 2,750 people aged 50 and over for an average of five and a half years. Every year, the volunteers completed detailed memory tests and many also had brain scans that measured two telltale markers of future cognitive trouble: the buildup of amyloid plaques, and tiny spots of damage in the brain's white matter – known as white-matter hyperintensities.

Participants were classed as having chronic insomnia if their medical records contained at least two insomnia diagnoses a month apart – a definition that captured 16 per cent of the sample.

Compared with people who slept soundly, those with chronic insomnia experienced a faster slide in memory and thinking and were 40 per cent more likely to develop mild cognitive impairment or dementia over the study period.

When the team looked more closely, they saw that insomnia paired with shorter-than-usual sleep was especially harmful. These poor sleepers already performed as if they were four years older at the first assessment and showed higher levels of both amyloid plaques and white-matter damage.

By contrast, insomniacs who said they were sleeping more than usual, perhaps because their sleep problems had eased, had less white-matter damage than average. Why do both amyloid plaques and blood-vessel damage matter? Alzheimer's disease isn't driven by amyloid alone. Studies increasingly show that clogged or leaky small blood vessels also speed cognitive decline, and the two disease states can magnify each other.

White-matter hyperintensities disrupt the wiring that carries messages between brain regions, while amyloid gums up the neurons themselves. Finding higher levels of both in people with chronic insomnia strengthens the idea that poor sleep may push the brain towards a double hit.

The study's models confirmed the well-known effect of carrying the ApoE4 variant, the strongest common genetic risk factor for late-onset Alzheimer's. Carriers declined more quickly than non-carriers, and the insomnia effect was large enough to be comparable to the effect of having the gene.

Scientists suspect ApoE4 amplifies the damage of sleepless nights by slowing the overnight clearance of amyloid and making blood vessels more vulnerable to inflammation.

Taken together, these findings add to a growing body of research, from middle-aged civil servants in the UK to community studies in China and the US, showing that how well we sleep in midlife and beyond tracks closely with how well we think later on.

Chronic insomnia appears to accelerate the trajectory towards dementia, not through one pathway but several: by boosting amyloid, eroding white matter, and probably raising blood pressure and blood-sugar levels too.

That sounds like an obvious next step, but the evidence is mixed. The Mayo Clinic researchers found no clear benefit or harm from the sleeping pills its participants were taking. Trials of newer drugs such as orexin blockers have hinted at reductions in Alzheimer-related proteins in spinal fluid, but these studies are tiny and short-term.

Cognitive behavioural therapy for insomnia, delivered in person or digitally, remains the gold-standard treatment and improves sleep in around 70 per cent of patients. Whether it also protects the brain is still unproven, although one small trial in people with mild cognitive impairment showed sharper executive function after this type of talk therapy.

So the relationship is unlikely to be as simple as "treat insomnia, avoid dementia". Poor sleep often co-exists with depression, anxiety, chronic pain and sleep apnoea – all of which themselves hurt the brain. Unravelling which piece of the puzzle to target, and when, will take rigorously designed long-term studies.

Prevention starts early

The participants in the Mayo Clinic study were, on average, 70 years old at the start of the study, but other research has shown that routinely sleeping less than six hours a night in your 50s is already linked to higher dementia risk two decades later.

That suggests prevention efforts shouldn't wait until retirement. Keeping an eye on sleep from midlife, alongside blood pressure, cholesterol and exercise, is a sensible brain-health strategy.

Sleepless nights are more than a nuisance. Chronic insomnia appears to accelerate both amyloid buildup and silent blood-vessel damage, nudging the brain toward cognitive decline – especially in people who already carry the high-risk ApoE4 gene.

Good quality sleep is emerging as one of the modifiable pillars of brain health, but scientists are still working out whether fixing insomnia can truly head off dementia, and at what stage of life interventions will have the greatest payoff.

(By Timothy Hearn, Anglia Ruskin University, The Conversation)

MIRRORLIGHTS

Mental distress following heart attack can increase risk of another cardiac event: Study

Persistent psychological distress following a heart attack event and lasting up to 12 months could increase the risk of another cardiac event by nearly 1.3 times, according to a study.

Recognising and treating psychological distress with strategies such as cognitive behavioural therapy, antidepressants and stress reduction techniques could help improve mental health, emotional well-being and quality of life for survivors, researchers said.

The team from the American Heart Association said about 33-50 per cent of heart attack survivors are estimated to suffer psychological symptoms, including depression, anxiety or post-traumatic stress disorder (PTSD), all of which can affect physical recovery and long-term health.

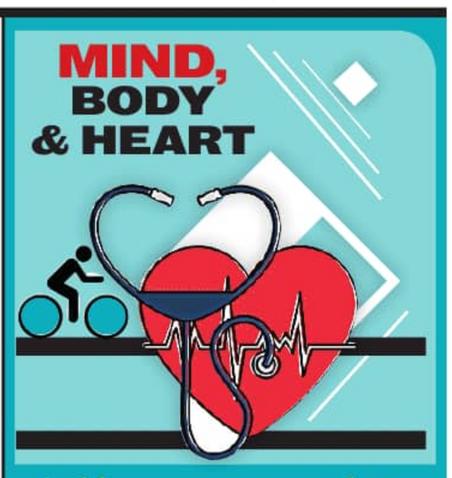
The researchers reviewed previously published research on myocardial infarction, acute coronary syndrome, depression, anxiety, stress and PTSD, among others.

"After a mean of 4.7 years of follow-up, moderate psychological distress was associated with a 28 per cent increased risk of future (myocardial infarction) and high (or) very high distress was associated with a 60 per cent increased risk compared with low distress," the authors wrote in the review published in the journal Circulation.

Author and chair of the group writing the article, Glenn N Levine, said, "Psychological distress after a heart attack is quite common but often goes unrecognised."

"We often focus on the physical aspects of heart disease, yet psychological health is linked to physical health, so when a major cardiac event like a heart attack occurs, emotional recovery is just as important," Levine, a professor of medicine at Baylor College of Medicine, USA, said.

The researchers explained that damage to heart muscle due to a heart attack can trigger inflammation, causing hormonal shifts and chemical changes in the brain that may contribute towards symptoms of depression, anxiety or PTSD. —PTI



All you need to know about...

Iron deficiency

How important is iron?
Iron is an important mineral for the body that helps convert food into energy. Iron in the blood helps transport oxygen from the lungs to the rest of the body, which is essential for the proper functioning of the body. A lack of oxygen in the organs can lead to severe damage or even organ failure. Iron is a crucial mineral that sustains and nourishes the body. During childhood, adolescence, and pregnancy, the need for this mineral increases rapidly, and insufficient levels can lead to brittle nails, dull hair, and other severe problems.

Haemoglobin vs Ferritin deficiency
Ironically, this vital mineral is often found deficient in the Indian population, especially women, due to poor nutritional habits, among other reasons. When we hear the word 'iron deficiency', most people automatically think back to anaemia, a condition where the body is low on haemoglobin levels.

Differences
Now, while calling anaemia an iron deficiency disease is not technically wrong since haemoglobin is a protein made from iron, which helps to circulate oxygen in the rest of the body. When there isn't enough of this protein, oxygen is not properly circulated, or not enough oxygen is provided to the organs, causing symptoms like shortness of breath, headaches, weakness and pain in the body, along with other symptoms.
But having optimum iron levels does not guarantee perfect iron levels. To check the iron levels in the body, a ferritin test is required. Ferritin can be thought of as a warehouse for iron; this is where iron is stored. Now when the inventory starts running low, the body starts sending signals in the form of hair thinning, brain fog, brittle nails or cold hands and feet.

—Femina

mybangaloremirror@timesofindia.com
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@BangaloreMirror

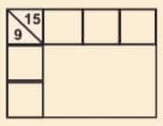
SOLVE IT IN A MINUTE

$25x \div 5^{x} - (1/25) = 0$

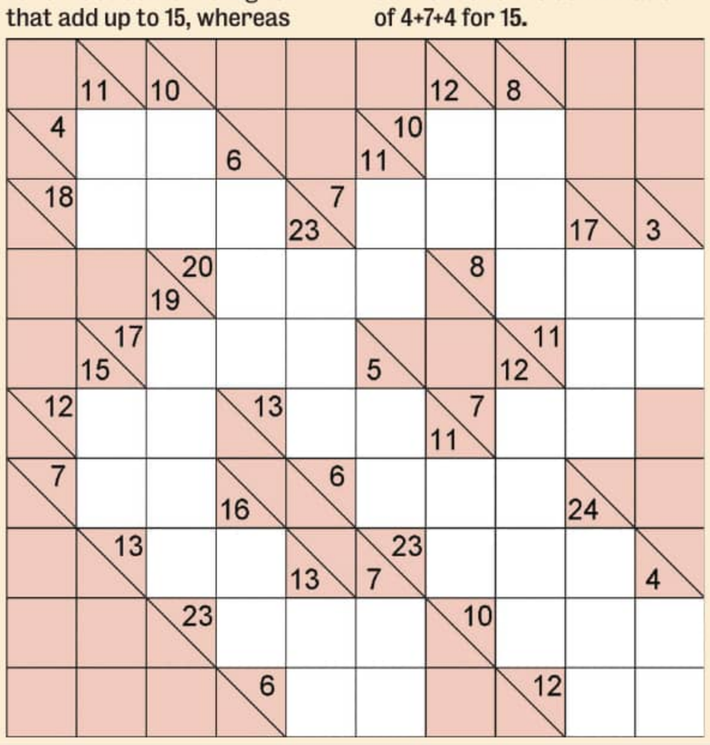
x=?

Kakuro

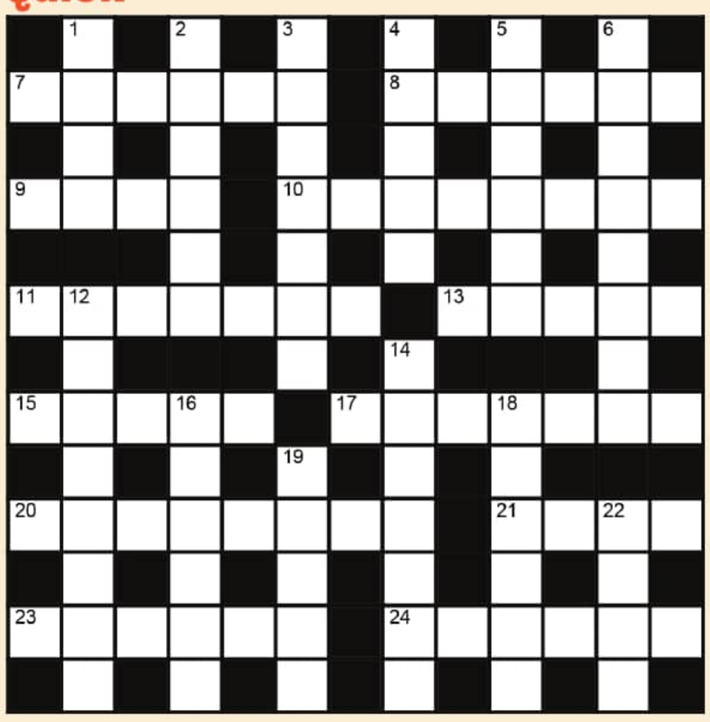
The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.



Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



Quick



ACROSS

7 Martial art (4,2)
8 Paris tourist attraction (6)
9 ___ Lal :Cricket commentator (4)
10 Temporarily puts a stop to (8)
11 Relieve parents (4-3)
13 Alter text (5)
15 Flour and water (5)
17 Reaching greater heights (7)
20 Hooked (8)
21 Actor Guinness (4)
23 Established (6)
24 Chatter (6)

DOWN

1 Cat's noise (4)
2 Bureau (6)
3 Tabla maestro Zakir ____ (7)
4 Category (5)
5 The State Archaeological ____ is located in Cubbon Park (6)
6 Caution, circumspection (8)
12 Creditable or noteworthy attempt? (1,4,3)
14 Joining together using resin or cement (7)
16 Mourn (6)
18 Drinks to the health of (6)
19 Affected skin by nettle irritation? (5)
22 Equal in amount (4)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: Q EQUALS T

KPUIFUYMJ NK L QPLTUVJ
VNUW YNQ VBABYBWR QRU
XNFYV XRUY BQ BW JNFP NXY.

Linemaro

Are you looking for a shallow relationship?

Mindchow

You can't expect to meet the challenges of today with yesterday's tools and expect to be in business tomorrow.

Joke of the day

The one function that TV news performs very well is that, when there is no news, it gives it to you with the same emphasis as if there were

Loop

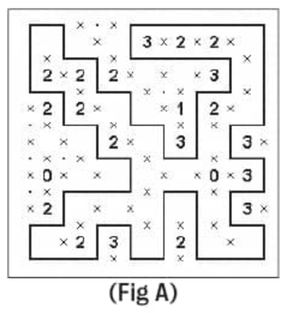
Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.

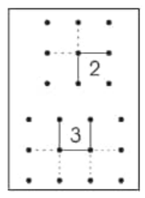
How to begin:

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

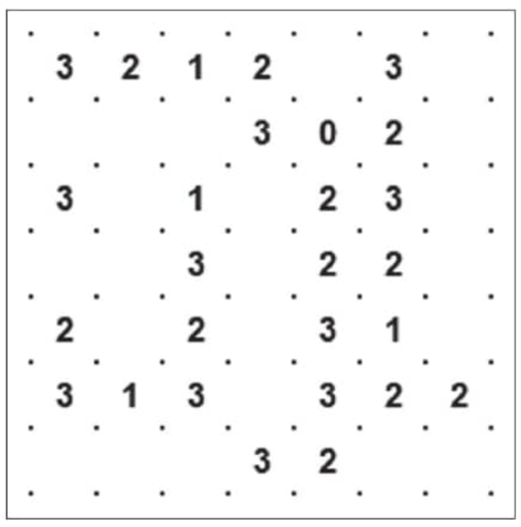
Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)



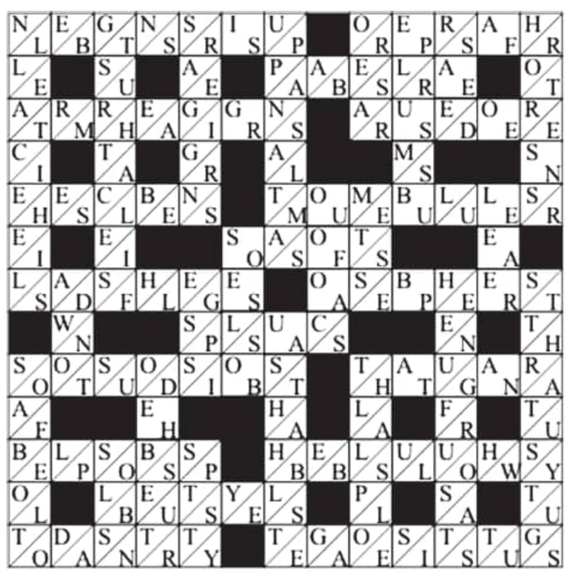
(Fig A)



(Fig B) Not Allowed



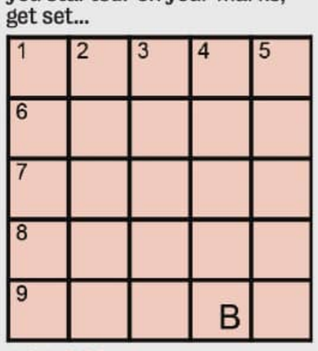
Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...



ACROSS

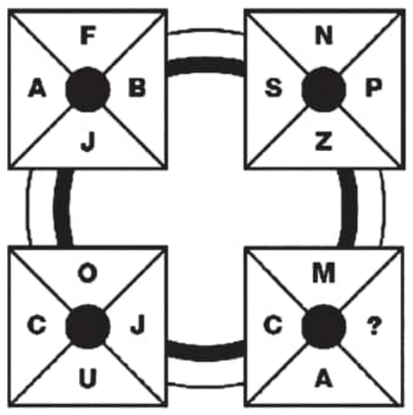
1 Caaba; 6 N oxen;
7 It Ido; 8 Elm me;
9 Was BS

DOWN

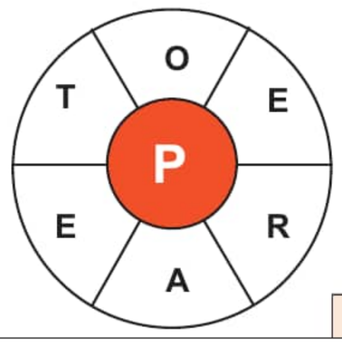
1 Lax is; 2 Dweeb;
3 Amnia; 4 Combo;
5 Etnas

Mensapuzzle

Which letter replaces the question mark and completes the puzzle?



Bull's eye



How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

20 Average; **22** Good; **24** Outstanding

SudokuChallenge

	2							
9		5	8		1	3		
		4	2			7		
2	9		4		5			
8			3		6			5
			1		9		2	7
		2			4	9		
		3	5		2	8		1
							7	

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.

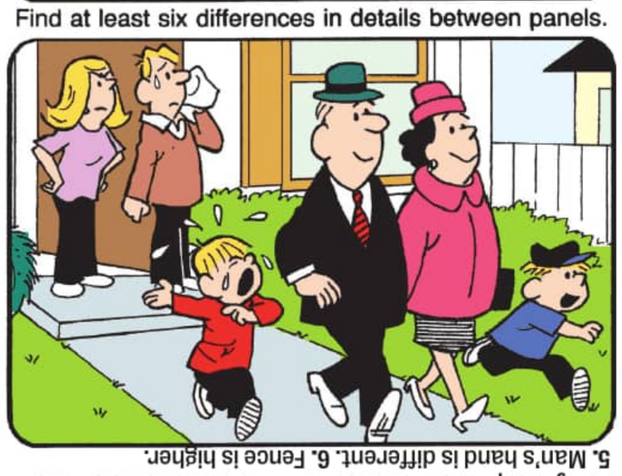
Easy = 11
1 2 7 7

Medium = 13
3 5 7 8

Hard = 34
1 4 7 9

Hocusfocus

Find at least six differences in details between panels.



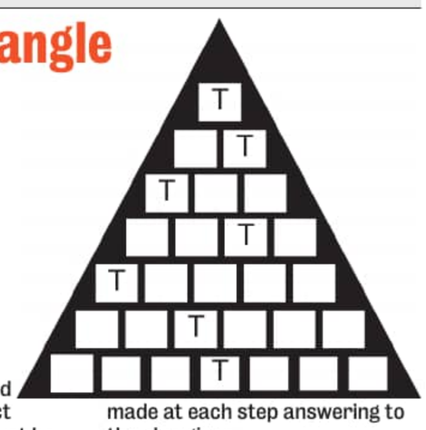
Differences: 1. Arm is longer. **2.** Boy's leg is moved. **3.** Boy's cap is turned around. **4.** Woman's hat is smaller. **5.** Man's hand is different. **6.** Fence is higher.

Riddler

What asks no questions but receives lots of answers?

Alpha triangle

1 20th letter
2 Overtime, abbr.
3 Weighty mass
4 Keen about
5 Restorative
6 Director's word
7 Legend



Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE »

COMICS

Popeye

WE SENT POPEYE BACK TO THE DESERT TO FIND YOU!
?
HE SHOULD BE HOME BY NOW...I LEFT HIM A NOTE!
I HAS'TA FIND ME SWEETIE
THE DESERT AIN'T NO PLACE FER A FRAIL GIRL!
12-25
BUD SAGENDORF
popeye.com
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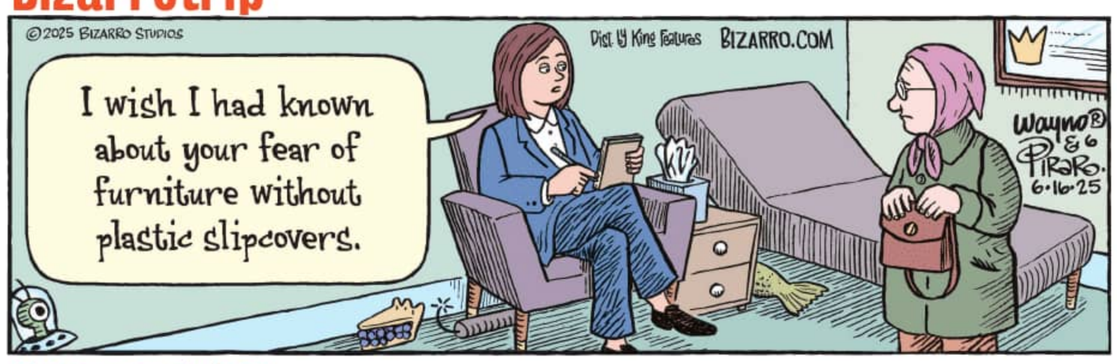
Bizarrotrip

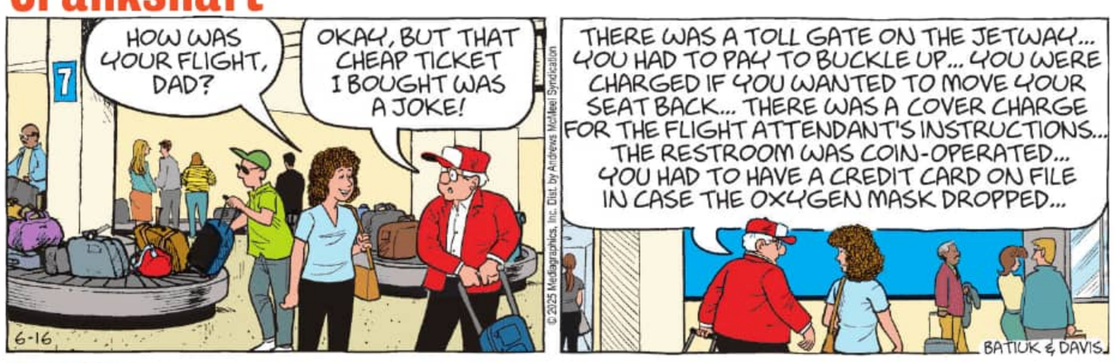

©2025 BIZARRO STUDIOS
Dist. by King Features
BIZARRO.COM
I wish I had known about your fear of furniture without plastic slipcovers.
Wayno & Piraro 6-16-25

Diamond Lil

Hart of the city

ARE YOU HERE WITH FRIENDS?
MY FRIENDS DRAGGED ME OUT SO I COULD TALK TO SOME GIRLS.
I GUESS IT'S WORKING, HUH?
MARTIN!! IT'S STARTING TO RAIN! LET'S GET OUTTA HERE!!
HEY DO YOU WANNA CO--
WHERE'D SHE GO?
HEART OF THE CITY © 2025 AUDREY MCNEEL
GOCOMICS.COM/HEARTOFTHECITY

Crankshaft


HOW WAS YOUR FLIGHT, DAD?
OKAY, BUT THAT CHEAP TICKET I BOUGHT WAS A JOKE!
THERE WAS A TOLL GATE ON THE JETWAY... YOU HAD TO PAY TO BUCKLE UP... YOU WERE CHARGED IF YOU WANTED TO MOVE YOUR SEAT BACK... THERE WAS A COVER CHARGE FOR THE FLIGHT ATTENDANT'S INSTRUCTIONS... THE RESTROOM WAS COIN-OPERATED... YOU HAD TO HAVE A CREDIT CARD ON FILE IN CASE THE OXYGEN MASK DROPPED...
6-16
© 2025 Mediagraphics, Inc. Dist. by Andrews McMeel Syndication
BATIUK & DAVIS

Mutts

... MONDAY... PHOOEY!
GEE, SOURPUSS— HOW DO YOU EVEN KNOW WHAT DAY IT IS!?!?!
SOMEONE GAVE ME ONE OF THOSE DARN CAT CALENDARS!
mutts.com
6-16

WRITTEN IN THE STARS

DR SUNDEEP KOCHAR

If it's your birthday today

Today brings a wave of optimism. Finances grow through careful planning and wise investments. Career paths open as you take on new challenges with courage. Love strengthens through emotional openness. Luck favors adventurous decisions. Tip: Balance work and leisure, making time for relaxation will restore your energy and enhance productivity across personal and professional endeavors.

Aries Mar 21 – Apr 20

A fresh start arrives, embrace it fully. Step into new opportunities with confidence, knowing they align with your ambitions. Your courage to take bold action today sparks meaningful growth and success.

Taurus Apr 21 – May 20

Seek grounding through comforting rituals, cooking, journaling, or nature walks. These practices bring peace, helping you recharge emotionally and stay focused on the personal goals that matter most to your journey.

Gemini May 21 – Jun 21

Communication flows easily, share ideas and connect deeply with others. Networking brings inspiration and opportunities, while open-hearted conversations strengthen bonds with friends, family, or colleagues who support your vision.

Cancer Jun 22 – July 23

Protect your emotional energy. Set boundaries where needed, ensuring your needs are respected. Prioritizing self-care restores balance, allowing you to nurture yourself and your relationships from a place of strength.

Leo Jul 24 – Aug 23

Recognition motivates you, celebrate your achievements while planning your next steps. Share your success with humility, inspiring those around you and opening doors to even greater opportunities for personal and professional growth.

Virgo Aug 24 – Sep 23

Focus on clarity, organize your thoughts and tasks to create harmony. Streamlining responsibilities helps you achieve more with ease, leaving time for rest, reflection, and creative pursuits that enrich your life.

Libra Sep 24 – Oct 22

Your natural charm fosters harmony in relationships. Express gratitude toward loved ones and create meaningful moments together. These simple acts strengthen emotional connections, bringing balance and joy into your personal world.

Scorpio Oct 23 – Nov 22

Transformation brings breakthroughs. Embrace changes that challenge you, they're guiding you toward growth. Trust this process of renewal, knowing it's shaping you into a stronger, more confident version of yourself.

Sagittarius Nov 23 – Dec 22

Adventure calls—seek new experiences that inspire curiosity. Whether traveling, learning, or exploring new hobbies, these pursuits fuel your excitement for life and broaden your perspective, opening doors to future opportunities.

Capricorn Dec 23 – Jan 20

Consistency builds success. Stay committed to your goals, trusting your steady efforts to create meaningful, lasting achievements. Every disciplined step you take today strengthens the foundation for your future aspirations.

Aquarius Jan 21 – Feb 19

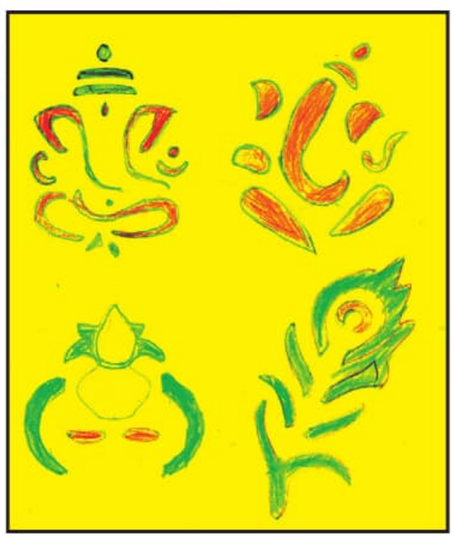
Collaboration amplifies your impact. Share innovative ideas with those who value your vision. These partnerships foster creativity and turn dreams into actionable plans, leading to meaningful accomplishments for everyone involved.

Pisces Feb 20 – Mar 20

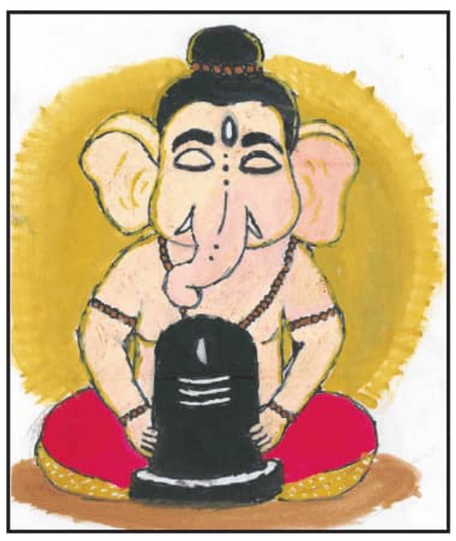
Quiet reflection reveals important insights. Spend time in meditation or creative expression, strengthening your emotional clarity and preparing you for opportunities that require thoughtful, heart-centered decisions in the days ahead.

www.sundeepkochar.com

KIDZONE



Chukitha S, 6 years, BBMP School



Manish Moulya, 12 yeras, Sri Vyasa Maharshi Vidyapeeta

Kidzone, Bangalore Mirror, No. 74/2, Sanjana Plaza, 4th & 5th Floor, Elephant Rock Road, Jayanagar 3rd block, Bengaluru-560 011; Please send hard copies of your artwork in A4 size only.

SOLUTIONS

SOLVE IN 1M

$5^{(2x-5x)} = 1/5^3$
$5^{(-3x)} = 5^{-3}$
$-3x = -3$
$x=1$

QUOTE UNCODE

Frequency of a tragedy does not diminish the wound when it is your own.

RIDDLER A phone or doorbell.

BULLS EYE atop, opera, OPERATE, pare, part, pate, pear, peat, peer, pert, poet, pore, port, prate, rape, rapt, reap, repeat, rope, tape, taper, tarp, tope, trap

FAST FIVE

A	B	A	C	A
X	E	N	O	N
I	D	I	O	T
L	E	M	M	E
S	W	A	B	S

STRIKE OUT

T	A	S	T	Y		E	G	O	I	S	T	S		
O		B	U	T	Y	L		L		S		T		
B	L	O	B	S		B	E	L	L	O	W	S		
A			E			A		R				U		
S	T	U	D	I	O	S		H	A	G	A	R		
	N		P	L	U	S			N			H		
S	A	S	H	E	S		O	S	B	E	R	T		
E		E		O	A	F	S			A				
H	E	L	E	N		M	U	M	B	L	E	S		
C		T	G		A		M					N		
A	R	R	A	I	G	N		R	U	D	E	R		
E	L		E		A	B	E	L	E		O			
L	E	T	S	R	I	P		O	P	R	A	H		

QUICK

P		A		H		C		M		P				
K	U	N	G	F	U		L	O	U	V	R	E		
A	R	U	N		S	U	S	P	E	N	D	S		
	R		E		S		A		S		U			
B	A	B	Y	S	I	T		E	M	E	N	D		
	G				B		N				C			
D	O	U	G	H		L	O	F	T	I	E	R		
A	D	D	I	C	T	E	D		A	L	E	C		
	O		R		S		N		O					
U		T		E		U		I		S		V		
B	E	L	L		L	E		O	W	S				
	A		A		R		H	A	G	A	R			
	N		P	L	U	S			N			H		
S	O	S	B	E	R	T		S	A	S	H	E	S	
	A		F	S		A		E		O	A			
H	E	L	E	N		M	U	M	B	L	E	S		
C		T	G		A		M					N		
A	R	R	A	I	G	N		R	U	D	E	R		
E	L		E		A	B	E	L	E		O			
L	E	T	S	R	I	P		O	P	R	A	H		

MENSA PUZZLE

F. Start with the A in the top left hand segment, and move in straight vertical lines, from top to bottom, left to right. Letters follow the alphabetic sequence, skipping 1 letter, then 2, then 3 etc.

SUDOKU

3	2	8	9	6	7	5	1	4
9	7	5	8	4	1	3	6	2
6	1	4	2	5	3	7	8	9
2	9	1	4	7	5	6	3	8
8	4	7	3	2	6	1	9	5
5	3	6	1	8	9	4	2	7
1	8	2	7	3	4	9	5	6
7	6	3	5	9	2	8	4	1
4	5	9	6	1	8	2	7	3

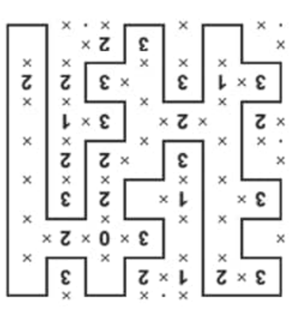
ALPHA TRIANGLE

T, OT, Ton, Into, Tonic, Action, Caption .

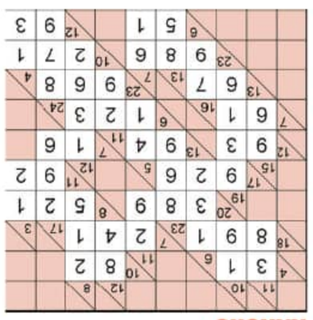
GO FIGURE

Easy
7 + 7 − 2 − 1 = 11
Medium
7 + 3 + 8 − 5 = 13
Hard
9 − 4 x 7 − 1 = 34

LOOP



KAKURO



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DEEPIKA ON A ROLL

Buzz is that DP will get on board Hollywood film next

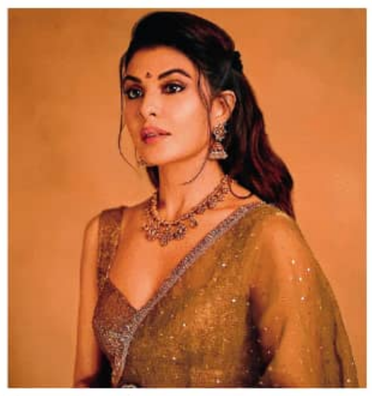
Deepika Padukone's exit from 'Kalki 2' after 'Spirit' has surprised many in the industry. Reports are doing the rounds about what may have gone wrong between her and the makers of the Prabhas starrer. On the work front, Deepika has already confirmed her next films with Allu Arjun and Shah Rukh Khan. At the same time, there's buzz that she might head back to Hollywood for another XXX film with Vin Diesel.

Vin shared on Instagram and wrote, "So much to share… iconic stories that all resonate with something deep inside. A global audience that has literally been the blessing of this artist's life. Groot's return in the Arbor King, that infamous New York detective, Kaulder's Oath, Xander's next adventure in Mumbai, street racers reunited in LA, and of course, the Furyan… Grateful for you all… Hope to make you proud…"

The actress made her Hollywood debut in 'XXX: Return of Xander Cage,' where her chemistry with Vin Diesel was praised. With the next installment set in Mumbai, fans are wondering if Deepika will reprise her role as the heroine.

There are reports Padukone's exit from 'Kalki 2' comes is due to the makers not agreeing with her demands. According to Bollywood Hungama, Deepika asked for a 25% hike in her fee and a 7-hour work shift. The producers negotiated, but she remained firm. Further, the report also stated that she travels with a team of 25 people and requested five-star accommodation and food reimbursement for her team. **—ETimes**

Jacqueline case: SC won't step in



Jacqueline Fernandez has suffered a legal setback after the Supreme Court refused to interfere in a case involving alleged money laundering. Fernandez had approached the apex court challenging a Delhi High Court order that dismissed her plea to quash proceedings by the Enforcement Directorate (ED).

As reported by PTI, the Supreme Court on Monday refused to interfere with the Delhi High Court's order that dismissed Fernandez's plea to quash the Enforcement Case Information Report (ECIR) in a Rs 200 crore money laundering case. The case involves alleged conman Sukesh Chandrasekhar.

A bench told senior advocate Mukul Rohatgi, who represented Fernandez, "We will not interfere at this stage." The plea, filed through advocate Sumeer Sodhi, challenged the High Court's July 3 order, which had dismissed Fernandez's petition seeking to quash the ED's investigation. **—ETimes**

Tom injured on 'Spider-Man' sets; shooting paused

Hollywood actor Tom Holland has suffered an injury during the shooting of his upcoming Marvel film, 'Spider-Man: Brand New Day'.

According to Deadline, Tom Holland was taken to the hospital for a mild concussion that he sustained on the Glasgow sets of the film. The shooting was suspended in the wake of the incident and is expected to remain paused for a few days.

The report also added that the actor got injured after a stunt went wrong on the sets. No one else was affected. While Holland is currently on a break as a precaution, a meeting will be scheduled to adjust filming plans.

'Spider-Man: Brand New Day' productions began in Glasgow in early August, and the film is scheduled to hit theatres in July 2026.

In a recent update, the makers unveiled a new Spidey suit, with a visible raised black webbing against a bright red-and-blue cover. **—ANI**

Emotional rollercoaster

Rhea Chakraborty's one of the most difficult phases of life was when she went through the emotional rollercoaster following the demise of actor Sushant Singh Rajput.

After spending 28 days in custody, Rhea was granted bail by the Bombay High Court. On hearing the news, she performed a "naagin dance" for her fellow inmates, despite initially feeling hesitant.

In a chat with NDTV, she explained, "People asked me to dance for them. I did the naagin dance on the day of my bail. I thought that we never know when I'll meet them next, and if I can give them a moment of happiness, then why not? Most of those women are innocent and hopeless in such under-trial prisons."

Even after receiving a clean chit from the Central Bureau of Investigation (CBI), Rhea admitted she could not feel happy for herself. She said, "People said he did not go because of you. I always knew I hadn't done anything. But even when the clean chit came, I couldn't feel happy. I was only happy for my parents and their reputation. But we were no longer the same carefree family; it can't come back." **—ETimes**

SANDALWOOD SHOTS

Y MAHESWARA REDDY

Ready for action

AR Rohit, who played the lead in Aura in 2023, is gearing up to prove his talent with multilingual movie Sahyadri. Rohit is also directing this film.

"I have realised my plus and minus points after Aura was released. After having done the necessary homework, I have embarked on playing the lead in Sahyadri. As of now, music composition is in progress. The teaser of Sahyadri is ready and it will be unveiled shortly," said Rohit.

Sahyadri is expected to be made in six languages. "The poster is ready in six languages - Kannada, Tamil, Telugu, Malayalam, Hindi, and English. We are contemplating increasing the number of languages the movie will be made. It may go up to 13 languages," he said.

He said the screenplay would be convincing and connect with the audiences. "There is no point in writing a screenplay if it fails to convince the audiences. The movie is a gangster spiritual drama. I selected a linear style of screenplay to narrate the story," he said. He said the movie's team has been busy with pre-production works and the VFX needs much time.

Praise for film

The team members of the bilingual movie Chowkidar are very happy with the feedback from Central Board of Film Certification members. The movie got a UA certificate, and it is expected to be released in Kannada and Telugu.

"I was surprised when Censor Board members showered praises on the character played by Saikumar. He is playing a different character, the first of its kind, in his 50 years of acting career," said director Chandrasekhar Bandiyappa.

Bandiyappa is known for the movies Rathavara, Aane Pataki, and Tarakasura.

"Chowkidar is my fourth movie as a director. I am very happy with the dedication and hard work of all the cast and crew. I am sure audiences will enjoy this film," the director said.

He said Saikumar and Prithvi Ambar play a father and son in the movie that aims to create awareness among parents and children on following traditions, customs and the importance of spending quality time with each other.

"The movie throws some light on the advantages and disadvantages of possessiveness. It is quite natural for parents to be possessive, but they have to understand the feelings of their children," he said.